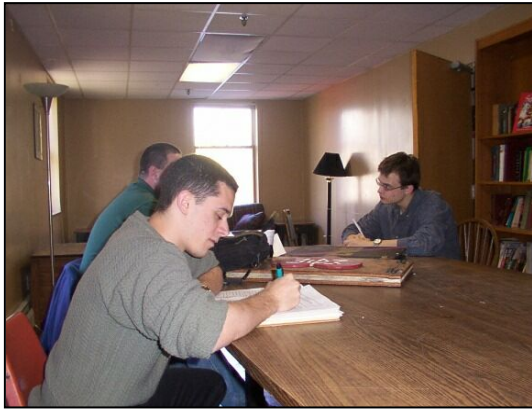


# KEYS TO ACADEMIC SUCCESS

## Go to class!

- ❑ This one thing, more than any other, can enhance your academic success.
- ❑ Stay awake and take good notes.
- ❑ By going to class, you are introduced to the material and will learn what the instructor feels is important.



## Set up a daily schedule and stick to it.

- ❑ A “to do” list that you use to check off completed things.
- ❑ Manage yourself and your time wisely.
- ❑ Do what you say you will do!

## Take control of your study environment.

- ❑ Study in a place that is quiet and well lit.
- ❑ Avoid both friends and phone during your study time.
- ❑ There is a difference between being comfortable and slouching.

## Shoot for an “A.”

- ❑ Grades are really important; they are a critical criteria used by recruiters when they look at your record and are also a primary admissions criteria for graduate schools.
- ❑ You may be able to rationalize that your grades are low because you are “so involved.” Research, however, shows that the most successful students are those who are involved in co-curricular activities.

## Find out about exams before you take them.

- ❑ Studying for a multiple-choice exam is as different as studying for an essay test.
- ❑ Determine what information is most important to the instructor and focus your studying. Should you spend more time understanding the major concepts (essay test) or learning about more specific items (multiple choice, short answer)?